

A Talk with the Healthcare Industry

HARTFORD, CT

The Connecticut Building Congress (CBC) hosted 80 Architecture/Engineering/Construction professionals at their March 8 program at The Cascade in Hamden. Outgoing president Ron Goodin of Phase Zero Design received a commemorative plaque for his service to Connecticut Building Congress presented by the current president Jim Fox of BVH.

After dinner and networking, Goodin moderated a panel discussion among Yale New Haven Health, represented by Stephen Carbery, VP, Facilities, Design, Construction, and Real Estate; Eastern Connecticut Health Network, represented by Marc Brunetti, COO and SVP of Patient Care Services; and NuVance Health, represented by John Sterry, VP of Facilities and Network Construction.

Goodin posed “meaning-of-life kind of questions” to the panel, such as, “What lessons have been learned in the wake of the pandemic? What do you do differently now? How do you handle nursing shortages? What sustainability initiatives have stalled or which have been jump-started? Have your space needs changed; and if so, how?”

Some answers were reassuring; their staff’s needs have become critically important. Creating spaces for relaxation, comfort, disengagement, and stress reduction, proper refreshment, chair massage during breaks of after shifts, and psychological support are very high on every healthcare provider’s priority list.

Sustainable designs are being incorporated into new buildings in ways expected and unexpected. Administrative staff, IT, and billing will remain mostly remote reducing the gross square footage needed for these functions. They are looking at all electric buildings, they are ensuring they have the ability to run with negative pressure to contain any new outbreaks or future outbreaks.

Carbery, Brunetti, and Sterry rounded out the night sharing design and construction projects they are planning.

The CBC will hold its next program **CT Spreads its Wings for Flight** on April 12 at 530 pm at The Cascade in Hamden. Get details and register [here](#).

The **Connecticut Building Congress** creates a forum for building professionals to connect, learn, and grow. Since 1952 CBC has been the premier organization for Connecticut’s building professionals to develop strong industry connections. [Learn more:](#)

#CBC-CT

#Sustainability

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